Coaching Month 2026

Terms, Conditions and Policies

This document sets out the terms, conditions, and guiding policies for all participants in Coaching Month 2026, a complimentary community coaching initiative organized by Coaching Expert Team (CET) and taking place throughout November 16-30, 2026. It applies equally to coaches and clients (referred to as coachees) and should be read in full before participating.

At a Glance

Initiative	Coaching Month 2026
Organised by	Coaching Expert Team (CET)
Period	November 16-30, 2026
Format	1:1 coaching conversations, 60 minutes each
Sessions per coachee	Up to 2 sessions per coach, with up to 3 coaches (maximum 6 sessions total)
Cost	Complimentary for all participants
Booking platform	The Connecter, CET Coaching Platform
Website	www.coachingexpertteam.com

1. Purpose and Scope

Coaching Month 2026 is a community-driven, non-commercial initiative supporting personal and professional development through structured 1:1 coaching conversations. It is organised and facilitated by Coaching Expert Team (CET) and grounded in trust, confidentiality, mutual commitment, and active engagement.

The initiative is strictly focused on coaching conversations. It does not include consulting, mentoring, therapy, or training, unless explicitly agreed by both parties in writing prior to the session.

Participation is entirely voluntary. No employment relationship, contractual obligation, or ongoing coaching commitment is created by participating in this initiative.

2. Shared Principles

The following principles apply to all participants, both coaches and coachees, throughout the duration of the initiative.

- Equity of access: the initiative is open to all participants fairly and transparently, with no preference given on the basis of background, seniority, or profession.
- Psychological safety: all sessions take place in a respectful, non-judgmental, and inclusive environment.
- Quality over volume: the value of each session matters more than the number of sessions completed.
- Mutual commitment: both parties are expected to show up prepared, on time, and fully present.
- Confidentiality: all coaching conversations are strictly confidential by default.
- Non-commercial intent: the initiative exists for development purposes only. No commercial activity, promotion, or sales is permitted within sessions.

3. Terms for Coaches

3.1 Coaching Practice

Coaches participating in Coaching Month 2026 commit to practising pure coaching throughout every session. This means:

- Leading with listening, questioning, and reflection rather than advice or instruction.
- Keeping the coachee in the driver's seat at all times, supporting their own thinking rather than directing it.
- Maintaining neutrality and non-judgment throughout the session.
- Avoiding unsolicited feedback, recommendations, or guidance unless explicitly requested and agreed in advance.

3.2 Safe and Ethical Practice

Coaches are responsible for maintaining a safe and professional environment in every session.

- Sessions must be held in a psychologically safe and inclusive space.
- Coaches must not use sessions for self-promotion, sales, recruitment, or marketing of any kind.
- Professional and personal boundaries must be maintained at all times.
- If a session touches on topics outside the scope of coaching (for example, mental health, legal, medical, or financial matters), coaches must signpost appropriately and not attempt to advise.

3.3 Session Structure and Discipline

- Sessions are strictly 1:1 and limited to 60 minutes.
- Sessions must start and end on time. Overruns are not permitted.
- All cancellations or scheduling changes must be communicated promptly and in advance via the Connecter platform.
- Coaches commit to a minimum of two sessions during November 16-30, 2026, subject to availability.
- All bookings must go through the official Connecter platform. Off-platform or informal scheduling is not permitted.

3.4 Boundaries and Continuation

- Coaching remains distinct from consulting, mentoring, or training unless explicitly agreed in writing before the session.
- Any coaching relationship that continues beyond November 16-30, 2026 is entirely independent of this initiative and is the voluntary responsibility of the two individuals involved.
- CET bears no responsibility for arrangements made outside the scope of Coaching Month 2026.

3.5 Reflection and Feedback

- Coaches are encouraged to engage in brief reflection following each session.
- Coaches agree to contribute anonymised feedback to help improve future editions of the initiative.

By participating as a coach, you confirm that you have read, understood, and agree to these terms.

4. Terms for Coachees (Clients)

4.1 Session Entitlement

Each coachee registered in Coaching Month 2026 is entitled to the following sessions:

- Up to 2 sessions with each coach.
- Access to up to 3 different coaches.

- A maximum total of 6 complimentary sessions per coachee during November 16-30, 2026.

The second session with any given coach becomes available only after the first session with that coach has been completed. This policy exists to ensure fair and equitable access for all registered participants.

4.2 Ownership and Engagement

- Coachees define their own goals, topics, and desired outcomes for each session.
- Active preparation and participation are expected. Coachees are encouraged to arrive with a clear topic or question in mind.
- Coachees remain fully responsible for any decisions they make and actions they take following a session.
- Coaches will not give advice or tell coachees what to do. The insights, choices, and next steps belong to the coachee.

4.3 Booking and Attendance

- All bookings must be made through the Connecter platform. No informal or off-platform arrangements are accepted.
- Sessions are 60 minutes. Coachees are expected to arrive on time and remain fully present for the duration.
- Cancellations or rescheduling requests require a minimum of 24 hours notice via the Connecter platform.
- Repeated no-shows or late cancellations may result in restricted access to further sessions, at the discretion of the CET organising team.

4.4 Code of Conduct

- Respectful and professional behaviour is required at all times, before, during, and after sessions.
- Harassment, abuse, or discriminatory behaviour of any kind will not be tolerated and may result in immediate removal from the initiative.
- Sessions must not be used for personal promotion, recruitment, sales, or any form of commercial activity.

4.5 Scope of Coaching

- Coaching supports personal and professional development only.
- It is not a substitute for medical, legal, financial, or therapeutic advice or support. Coachees requiring such support should seek it from a qualified professional.
- Coaches are not obligated to continue a session if the topic falls outside the scope of coaching or raises safeguarding concerns.

By participating as a coachee, you confirm that you have read, understood, and agree to these terms.

5. Confidentiality and Data Privacy

- All coaching conversations are strictly confidential. Neither party may share the content of sessions with third parties without the explicit consent of the other party.
- No recording of sessions is permitted without the mutual, explicit, and prior consent of both participants.
- Confidentiality may be broken only in circumstances involving a genuine risk of harm to any person, or where there is a legal obligation to disclose.
- Any feedback collected by CET in connection with the initiative will be anonymised before use and will not be attributed to any individual.
- Participant data collected for the purposes of registration and matching is held in accordance with applicable data protection legislation and will not be shared with third parties for commercial purposes.

6. Governance and Operations

6.1 Matching Integrity

- All session bookings must go through the official Connecter platform.
- Informal or off-platform scheduling is not permitted and will not be recognised as part of the initiative.
- Fairness and equal access must be maintained at all times. CET reserves the right to manage demand and availability as needed.

6.2 Escalation and Safeguarding

- Concerns, complaints, or safeguarding issues should be reported to the CET organising team promptly.
- The organising team may investigate, mediate, or take corrective action where needed.
- Serious breaches of these terms may result in removal from the initiative with immediate effect.

6.3 Limitations and Disclaimers

- Participation in Coaching Month 2026 does not create any employment relationship, contractual obligation, or ongoing coaching arrangement between any of the parties involved.
- CET does not guarantee specific outcomes, session matches, or the availability of any particular coach or coachee.
- Responsibility for applying insights and taking action following sessions rests entirely with the coachee.
- Any continuation of a coaching relationship beyond November 16-30, 2026 is entirely voluntary, independent of this initiative, and the personal responsibility of the two individuals involved.

7. Acceptance of Terms

By registering and participating in Coaching Month 2026, whether as a coach or as a coachee, you confirm that:

- You have read and understood these Terms, Conditions and Policies in full.
- You agree to act in accordance with them throughout your participation.
- You understand that non-compliance may result in removal from the initiative.

These terms apply to all participants from the moment of registration and remain in effect for the duration of the initiative and any matters arising from it.